

**INDIA CLUB & CMRC  
INVITE YOU**



# **EMPOWERING DYNAMIC WELLNESS IN MULTICULTURAL COMMUNITIES**

## **WOMEN BREAKING BARRIERS**

**Wednesday  
2 August 2017**

**10:15am to 1:30pm**

**West Pennant Hills  
Valley Community Centre  
42 Hill Road West Pennant Hills**

**Come Participate  
Bring your ideas  
Enjoy Friendship  
Empower the Group**

### **Inspiring Talks**

- Yoga Session
- Energising Interactive Talk
- Share your ideas – Break the Barriers

**Open to all  
Multicultural  
Communities**

**Free admission**

### **RSVP**

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